

THE MAXWELL & ELEANOR BLUM PATIENT AND FAMILY LEARNING CENTER

# Management Options for Irritable Bowel Syndrome

In this presentation, Elizabeth Glennon, NP, will briefly review criteria for irritable bowel syndrome (IBS) and diagnostic testing used to rule out other diagnoses similar to IBS. She will review current over-the-counter and prescription medication options to manage IBS, as well as lifestyle strategies including the role of diet and cognitive behavioral therapy.

**This online program is free and open to MGH staff, patients, and the general public.**

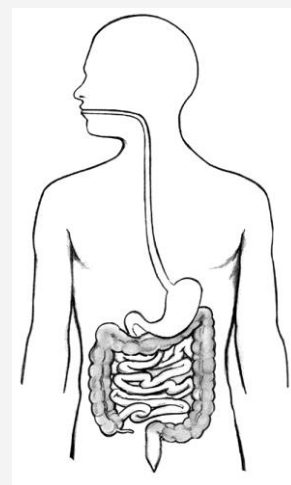
**To attend this program, click on this link:**

<https://partners.zoom.us/j/89965053138>



**Featured Speaker:**  
**Elizabeth Glennon, NP**

Elizabeth joined MGH Gastroenterology (GI) in 2016. Her clinical practice includes a wide range of general, inflammatory, motility, and functional GI disorders. She has a special interest in functional dyspepsia, gastroparesis, celiac disease, irritable bowel syndrome, and the brain gut connection. She is especially passionate about lifestyle and dietary management of GI disorders whenever possible.



**Date: Monday, March 8, 2021**

**Time: 12:00 PM - 1:00 PM**

**For more information,**  
**call 617-724-7352 or**  
**email [pfic@partners.org](mailto:pfic@partners.org)**